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Host Cell Geometry and Cytoskeletal Organization Governs Candida-Host Cell Interactions at the Nanoscale

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ABSTRACT

Candida is one of the most common opportunistic fungal pathogens in humans. Its adhesion to the host cell is required in parasitic states, and is important for pathogenesis. Many studies have shown that there is an increased risk of developing candidiasis when normal tissue barriers are weakened or when immune defences are compromised for example during cancer treatment that induces immunosuppression. The mechanical properties of malignant cells, such as adhesiveness and viscoelasticity, which contribute to cellular invasion and migration are different from those of non-cancerous cells. To understand host invasion and its relationship with host cell health, we probed the interaction of *Candida* spp. with cancerous and non-cancerous human cell lines using atomic force microscopy in single cell force spectroscopy mode. There was significant adhesion between *Candida* and human cells, with more adhesion to cancerous versus non-cancerous cell lines. This increase in adhesion is related to the mechanobiological properties of cancer cells which have a disorganized cytoskeleton and lower rigidity. Altered geometry and cytoskeletal disruption of the human cells impacted adhesion parameters, underscoring the role of cytoskeletal organisation in Candida-human cell

adhesion and implicating the manipulation of cell properties as a potential future therapeutic strategy.

KEYWORDS: Single-cell Force Spectroscopy, adhesion force, host-pathogen interaction, cytoskeleton organisation, micro-contact patterning, cancerous vs non-cancerous.

INTRODUCTION

Human opportunistic pathogens such as fungi play an important role in causing superficial mucosal and disseminated infections,^{1,2} including those of the oral cavity, gastrointestinal tract and vaginal surfaces,² for which systemic infections can lead to severe morbidity. *Candida* spp. are the most common pathogenic fungal microorganisms, and in particular *Candida albicans* is the leading cause of the fungal infection candidiasis worldwide.^{2,3} Although *C. albicans* is the most commonly isolated species, other non-*albicans* strains have emerged. For example, *Candida glabrata* is the second most frequently isolated *Candida* species reported as the causative agent of increased infection rates.^{1,3–5} Despite the shared genus, *C. albicans* and *C. glabrata* are quite distinct, suggesting that infection-causing interactions with their host may differ.⁶

To invade and infect host cells, *Candida* must first come in direct contact with host mucosal surfaces, the first line of defense against pathogen invasion of underlying tissues.^{5,7–9} *Candida* spp. have developed a number of commensal and virulence traits that enable it to adhere to and colonize host tissues during infection,¹⁰ including morphological changes,^{10,11} biofilm formation, secretion of hydrolytic enzymes and the expression of adhesins and invasins (host cell receptors).^{2,12–14}

One of *Candida's* key pathogenicity virulence factors^{8,13,15} is its ability to adhere to a diverse set of surfaces, allowing it to colonize the host through multiple avenues.^{1,3,16} Surfaces can be either abiotic, for example intravascular and urinary catheters, prosthetic cardiac valves and denture prostheses, or biotic, including a variety of tissues within the human body, such as human skin keratinocytes, the subendothelial matrix and epithelial mucosal tissues,^{1,17,18} offering a variety of host niches.^{4,9} The adhesion of *Candida* to

epithelial cells is a multifactorial process defined by the close association between yeast cell wall components and epithelial surface proteins.^{7,14,15,19}

Expression of these fungal and host surface proteins, along with other key factors such as hydrolytic enzyme and toxin secretion, govern adhesion.^{7,16,19,20} Environmental factors such as temperature, pH, medium type and the presence of carbohydrates (glucose, sucrose),^{16,21} along with non-specific factors such as pathogen surface hydrophobicity and electrostatic forces, can alter external protein content, impacting fungal-epithelial cell adhesion.^{21–24} Further, epithelial cell morphology also plays a role in fungal-host cell adhesion,²⁵ which is regulated by the cytoskeleton, comprised of microfilaments, intermediate filaments, microtubules and actin filaments.²⁶

Initial yeast to epithelium contact may begin with non-specific contact, followed by adhesion through physical forces (e.g. Waals interaction, hydrophobicity, electrostatic)²⁷ and finally specific host-cell interactions between lectin-like proteins on the yeast cell wall and glycoproteins on the host cells.²⁷ Given the ever-increasing prevalence of *Candida*-related infections, the events and mechanisms involved in the initial interactions between *Candida* species (glabrata and albicans) and host epithelial cells were of interest. Using atomic force microscopy (AFM) single cell force spectroscopy (SCFS) at pN-scale resolution we measured intercellular interactions^{28–30} between *Candida* and cancerous and non-cancerous human cell lines: skin keratinocytes (HaCaT), human gingival fibroblasts (HGF), human vaginal epithelial (VK2/E6E7), human cervical epithelial cancer (HeLa) and human epithelial colorectal adenocarcinoma (CaCo2). To examine the role of the cytoskeleton, we assessed the influence of host cell shape (round, squares, Y) on yeast adhesion. Our data provide insight into the strength of *Candida*-mammalian cell

interactions and the role of cellular mechanobiological properties such as cell shape and cytoskeletal arrangement on these interactions, offering insight into new therapeutic avenues for preventing and treating fungal-induced disease.

RESULTS

C. albicans adhere strongly to human skin, vaginal and oral cell lines

To study the interaction between yeast and its host at the nanoscale level, we first had to establish that the effects were biological rather than nonspecific comparing the interaction of Candida to that of a silica bead. To do so, we used SCFS with a tipless cantilever. Probes were created using a 5 µm diameter silica bead attached to a tipless cantilevers coated with a thin layer of UV-curable glue, while a concanavalin A coated cantilever was used to immobilize a single Candida. Each probe was used to approach a human cell line at a speed of 20 µm/s and withdrawn at a constant speed. During the approach and retraction of the probes towards the center of epithelial cells (Figure S1), force-distance curves were recorded. While single silica microspheres had very low adhesion (Figure 1a), frequently below 20 pN, C. albicans comparatively had 5-fold higher adhesion to HaCaT cells (Figure 1b, 1b inset). The maximum adhesion force between single live cells of Candida albicans and HaCaT increased with contact time from 0 (101 pN) to 5 (321 pN) s, but not significantly at longer durations (Figure 1d). These interactions were also expressed as work of adhesion, with more force requiring greater work to separate adhering molecules (Figure 1e). Interestingly, maximum rupture length (43 µm) was not impacted by contact time (Figure 1f). Analysis of the force retract curve (Figure 1c) shows no interaction between the bead and the HaCaT cells, as expected (top curve), as compared to unique binding events for the interaction between C. albicans and human

cell lines. Retraction curves, associated with long rupture distances, show jumps resembling step-like unbinding events with a rise in the force before the unbinding of single adhesive units, and long plateaus showing tethers associated with stretching of a cell membrane tube before the adhesive units can unbind.^{31–33}

Having demonstrated that the adhesion of *C. albicans* to skin keratinocytes increases with contact time, we next investigated its adhesion to other cell lines, since epithelial cell type, morphology and differentiation stage have been reported to determine the strength of adhesion.¹⁶ Interactions between the yeast and VK2/E6E7 vaginal cells were probed, based on the frequency of vulvovaginal candidiasis,³⁴ and HGF cells, based on the link between Candida and oral carcinoma.^{27,35,36} Figure 1g shows that binding of C. albicans to HGF and VK2 results in similar adhesive strength and patterns. Similar to Figure 1a-d, there was a very low binding force between these human cells and the bead, which was significantly greater with C. albicans, with an increase from 0 to 5 s. Although HGF cells had similar adhesion patterns to VK2 cells, the C. albicans adhesion force to VK2 was higher (780.5 pN at 5s) than to HGF (528.6 pN at 5s) cells (Figure 1g). The adhesion work (Figure 1h) and rupture length (Figure 1i) showed a similar trend to that of adhesion force. It is interesting to note that there was no significant difference between the rupture distances for HGF cells at all 4 contact times, but for VK2 cells between 0 s and 20 s the rupture distance averaged 35 and 45 µm, respectively (Figure 1i).



Figure 1. HaCaT, HGF and VK2/E6E7 cells show strong interactions with *C. albicans*. Histograms show percentage frequency adhesion between (a) beads and (b) *C. albicans* with the HaCaT cell line. Cell-cell interactions were quantified as (d, g) maximal adhesion force, (e, h) adhesion energy and (f, i) rupture lengths for HaCaT (c, e, f), HGF and VK2/E6E7 (g, h, i), as well as (c) typical force retraction curves for HaCaT (turquoise - bead, pink - 0s, orange - 5s, green - 10s and blue - 20s) showing rupture events for contact times of 0, 5, 10 and 20s. Results represent at least three (\pm SEM) independent experiments in which at least three human cells were probed with a different *C. albicans* for each contact time, generating 100 force curves each. An unpaired t-test and one-way ANOVA analysis of variance with Bonferroni post-tests were used to determine statistical differences (ns, p > 0.05; *, p < 0.05; **, p < 0.01; ***, p < 0.001; ****, p < 0.001).

Binding force of *C. glabrata* to human cells is similar to that of *C. albicans.*

C. glabrata is the most frequently isolated non-*Candida albicans* (NCA) species and is also the second most common cause of candidiasis.^{3–5} We therefore investigated the host pathogen interactions between *C. glabrata* and the HaCaT, VK2 and HGF cell lines. Like the *C. albicans*-HaCaT (Figure 1c) interaction, the *C. glabrata*-HaCaT interaction is also strengthened with more contact time (Figure 2b) and shows a typical force curve, as observed for *C. albicans* and mammalian cells, with multiple jumps and tethers (Figure 2a). It is noteworthy that *C. glabrata*-HaCaT had the lowest interaction force (348 pN) compared to HGF (759 pN) and VK2 (927 pN) at 20 s. The adhesion energy was proportional to the maximal adhesion force (Figure 2c), with no significant difference (p > 0.05) between the rupture distances at all contact times and all three cell lines (Figure 2d). Taken together, *C. glabrata* and *C. albicans* bind in a similar manner to human cell lines.



Figure 2. *C. glabrata* binds to mammalian cells in a similar manner to C. albicans. Cell-cell interactions are shown as the (a) retraction force distance curves for the interaction between *C. glabrata* and the HaCaT cell line (pink - 0s, orange - 5s, green -10s and blue - 20s), (b) maximal adhesion force, (c) adhesion energy and (d) rupture distance between *C. glabrata* and HaCaT, HGF and VK2/E6E7 cells at contact times of 0, 5, 10 and 20s. Results are expressed as the mean \pm SEM for at least three biological replicates in which at least three human cells were probed with a different *C. glabrata* for each contact time, generating 100 force curves each. Statistical difference was calculated from a one-way ANOVA analysis of variance with Bonferroni post-tests (*, **, *** and **** represent, p < 0.05, p < 0.01, p < 0.001, and p < 0.0001, respectively).

Candida adheres more strongly to cancerous cells

Having established biological adhesion between *Candida* and the mammalian cell lines, the adhesion between *Candida* and 2 human cancer cell lines was examined: CaCo2 (colon cancer) was chosen as the gut is a *Candida* reservoir^{37,38} and HeLa (cervical cancer) since *Candida* is responsible for more than 90% of cervicovaginal infections.^{39,40} HeLa and CaCo2 cell lines adhered to both *C. albicans* and *C. glabrata*, with a maximal adhesion force for *Candida*.

HeLa that increased with contact time (Figure 3a,d). Despite similar adhesion patterns, there were significant differences in maximal force, for example a more than 3-fold difference in adhesion at 5 s for *C. albicans*-HeLa (1136 pN, Figure 3a) as compared to *C. albicans*-HaCaT (321 pN, Figure 1c). Interestingly, there was a very strong adhesion force between CaCo2 cells and both *C. albicans* and *C. glabrata* (Figure 3a,d), two fold larger than that for HeLa cells. As expected, the adhesion energy (Figure 3b,e) was proportional to the adhesion force and there was no difference between rupture lengths (Figure 3c,f). Tether length could not be captured as it was limited by the z-range (100 μ m) of the CellHesion AFM head. Overall, cancerous cells had distinct adhesion patterns, higher adhesion energy (Figure 3b,e) and longer rupture lengths (Figure 3c,f) for both veast strains.



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Figure 3. *Candida* strains adhere more strongly to cancer cell lines. Interactions shown as (a, d) maximal adhesion force, (b, e) adhesion energy and (c, f) rupture length as well as (c, f) typical force-distance curves (pink - 0s, orange - 5s, green -.10s and blue - 20s) for the interaction between *C. albicans* and *C. glabrata* and HeLa and CaCo2 cell lines. Results are representative of at least three (mean ± SEM) independent biological replicates with 100 force curves recorded at a contact time of 0, 5, 10 and 20s. One-way ANOVA analysis of variance with Bonferroni posttests (*, **, *** and **** represent, p < 0.05, p < 0.01, p < 0.001, and p < 0.0001, respectively) was used to determine statistical differences.

Adhesion of yeast strains to human cells is facilitated by host cell cytoskeletal arrangement

Cellular processes such as cell survival, growth and differentiation are affected by cell shape and size, thus making cell geometry a vital regulator of cell physiology.⁴¹ Human cells cultured on fibronectin micropatterned coverslips had pattern-driven geometries (Figure S3a,b): circular, square and Y-shaped, all with a 20 x 20 µm2 surface area. AFM measurements clearly showed differences in shape-dependent adhesion forces between the different cell morphologies (Figure 4a,b), with a 2-fold increase in adhesion force between the Y-shaped HaCaT cells and both yeast strains (Figure 4a). The square morphology had an approximately 1.5-fold and 2-fold increase in adhesion to C. albicans and C. glabrata, respectively, whereas the circular morphology (Figure 4a) showed a statistically significant increase in adhesion for C. glabrata but not C. albicans. There was an almost identical result for the adhesion of C. albicans to the HaCaT and HeLa (immortalized cancer) cell lines, with the square and Y-shaped morphologies having a significant increase in adhesion, but no significant increase in adhesion between C. glabrata and the circular-shaped HeLa cells (Figure 4b). Interestingly we did not observe any changes in adhesion for VK2/E6E7 cells except for the Y-shaped probed with C. glabrata (Figure S3c,d). Collectively, these results indicate that host cell shape plays a

 significant role in adhesion in addition to contributions from different adhesion molecules associated with *C. albicans* and *C. glabrata*.



Figure 4. Human cell line geometry induces changes in *Candida* adhesion. Maximal adhesion measurements for normal, circular, square and Y-shaped live cells are shown for both yeast strains (*C. albicans* and *C. glabrata*) with (a) HaCaT and (b) HeLa cell lines micropatterned onto coverslips with fibronectin patterns. Results are expressed as the mean \pm SEM for at least three biological replicates having different yeast probes and at least 100 force curves per yeast strain. A one-way ANOVA analysis of variance with Bonferroni post-tests gave rise to no statistical significance, ns, or varying statistical significance; *, p < 0.05; **, p < 0.01; ***, p < 0.001; ****, p < 0.001 between experiments.

Since a change in cell morphology is associated with cytoskeletal rearrangement,⁴¹ we examined the role of the cytoskeleton in cell-cell adhesion and cellular mechanical properties. Based on the known decrease in CHO cell elasticity when treated by Latrunculin B (LatB) (Louise et al. (2014), we explored the impact of cytoskeletal depolymerization on yeast-human cell adhesion. Cells were treated with 0.1 μ M of LatB and incubated for 30 mins to achieve optimal depolymerization as determined by Louise et al.⁴² Epifluorescence microscopy confirmed LatB-induced cytoskeletal disruption,⁴² with actin dispersal and aggregation in LatB treated cells compared to the uniform actin

distribution of untreated cells (Figure 5a, S4). LatB-treated human cells probed with *C. albicans* and *C. glabrata* by SCFS had an approximately 1.5-fold increased adhesion for both the non-cancerous and cancer cell lines (Figure 5b,c). Taken together, this provides substantial evidence that cytoskeleton arrangement plays a significant role in regulating adhesion (Figure 4, 5).





Figure 5. Cytoskeletal depolymerization leads to an increase in cell-cell adhesion. (a) Representative immunofluorescence images of HaCaT (non- cancerous) and HeLa (cancerous) cells untreated or treated with LatB (white arrow show aggregation of F-actin) and stained with DAPI (blue) and F-actin (green). Scale bars are 10 μ m. (b-c) Box plots show the distribution of adhesion values for depolymerized cells (HaCaT, VK2/E6E7 and HeLa) probed with (b) *C. albicans* and (c) *C. glabrata.* Results shown are representative of at least three biological replicates, having different yeast probes and at least 100 force curves analyzed per strain. Asterisks *, p < 0.05; **, p < 0.01; ***, p < 0.001; ****, p < 0.001 represent statistical significance from an unpaired t-test.

DISCUSSION

One of the crucial virulence attributes of *Candida* is its ability to invade a number of different tissues within the host, allowing it to occupy many host niches.^{9,25} This opportunistic pathogen has developed strategies for adhesion, cellular invasion, intracellular survival and proliferation.²⁵ To provide evidence for our hypothesis that candidiasis occurs more frequently in cancer patients not only because of immunosuppression, but also because of an intrinsic difference in adhesion between *Candida* and the cancerous and non-cancerous cells, we aimed to quantify *Candida*-mammalian cell interactions. The majority of *Candida*-human cell adhesion studies use standard adhesion assays in which adherent cells are visualized using florescence microscopy and quantified by counting the number of adherent yeasts.^{15,25,43} More recently, SCFS has been used to quantify adhesion forces between single live yeast and mammalian cells.⁴⁴

C. albicans adhesion to skin keratinocyte, gingival fibroblast and vaginal epithelial cell lines was found to be implicitly biological (Figure 1), consistent with prior studies of other pathogens, with similar adhesion profiles.^{45,46} The adhesion of *Candida* to human cells is a multifactorial process defined by the close association between yeast cell wall

components and human cell surface macromolecules (reviewed in ⁷), necessitating time for *Candida* to invade the host. Indeed, maximal adhesion between *C. albicans* and all human cell lines increased with contact time (Figure 1), in agreement with⁴⁴ who report a time-dependent increase in adhesion between *Candida* and macrophages. Increased contact time allows for more receptors to engage in the interaction, and in the context of immune cells allows the cell membrane more time to engulf the yeast with greater surface area.^{47,48} The work of adhesion and the rupture lengths⁴⁴ in this study (Figures 1,2) agree with interactions between microbe-mammalian cells,^{45,49} with the large adhesion energy attributed to deformability of the host cell membrane.^{44,45} Jumps and tethers, as well as long rupture length during yeast detachment would also increase the duration of contact between the host and pathogen (Figure 1c, 2a, 3c,f).⁴⁴

In addition to *C. albicans*, other NCA species,^{50,51} such as *C. glabrata* are responsible for mucosal and systemic infections.⁵² Previous studies report percent adhesion of *C. glabrata* to various human cells,^{4,13} but not interaction forces. Like *C. albicans*, *C. glabrata* adheres to the HaCaT, HGF and VK2 cells (Figure 2), consistent with the selective adhesion of mammalian cells compared to cell culture plates.¹³ Adhesion force, work and rupture length between *C. glabrata* and VK2 cells (Figure 2) are consistent with a prior study.⁵³

C. albicans adhere more strongly to mammalian cells as compared to NCA species,^{16,54} attributed to the greater number of α -L-fucose residues within cell surface glycoconjugates.⁵⁴ Further, *C. albicans* adhere better to vascular endothelium than *C. glabrata*, which may relate to the lack of adhesins on *C. glabrata*.⁵⁵ However, *C. glabrata* is also known to encode a large repertoire of surface proteins, including the EPA family

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of adhesins that are directly implicated in mammalian cell adhesion.^{1,3,4,17} It is worth noting, that prior studies report percentage adhesion, which does not necessarily translate to stronger adhesion forces, and so is not inconsistent with this study which showed no clear differences between the two *Candida* strains (Figure S5).

While the high risk of immunocompromised individuals developing Candida infection is well known,^{35,56,57} there is increasing evidence that *Candida* can produce carcinogenic substances that play a role in cancer development,^{58,59} prompting us to probe *Candida* interactions with immortalized cell lines from human cancer (Figure 3). Candida spp. adhered to HeLa (cervical cancer) and CaCo2 (human colorectal adenocarcinoma) cells with much greater force than non-cancerous cell lines. The completely different adhesion ranges between cancerous and non-cancerous cells can be attributed to cell elasticity,⁸ with cancer cell lines having significantly lower Young's moduli compared to noncancerous ones (Figure S2). It is well known that non-cancerous cells are stiffer than cancerous ones (cancer cells are softer), with the degree of cancerous cell elasticity related to their histological origin,⁶⁰ for example cervical cancer cells have greater elasticity than those from lung and breast tissue.⁶⁰ Thus, differences in cell elasticity (Figure S2) may explain variable adhesion with different cancer cell lines, and indeed softer cells are more easily deformed, leading to a larger probe-cell contact area thus giving rise to higher adhesion.⁶¹

Since cancer cells have a disorganized cytoskeleton and generally lower rigidity, we hypothesized that the surface area of the initial contact phase would be greater, along with adhesion. Consistent with this idea, we found that reorganization of the cell cytoskeleton, either by altering cell shape or chemical means, impacted *Candida*-human

cell adhesion (Figure 4 and 5). Shape-dependent stiffness has been correlated to cell contractility⁴¹ and larger cells tend to have greater stiffness,⁶² further underscoring how mechanical behaviour depends on cell type.

Cytoskeletal F-actin not only contributes to cell shape, but is the primary polymer system responsible for regulating cell stiffness,⁶³ with cellular elasticity increasing as a function of F-actin.⁶⁰ In this study, depolymerization of human cell F-actin filaments led to increased adhesion with both Candida strains (Figure 5), irrespective of the cell line used. Indeed, depolymerization of CHO cell actin with LatB not only decreases cell elasticity over time but also impacts cell shape.⁴² Results showing higher adhesion in patterned cells was corroborated by Young's moduli calculations showing differences in elasticity when cells were patterned into different shapes (Figure S3e,f). When cells were patterned into Y-shapes on a 20 x 20 μ m² surface area they took the shape of a triangle (Figure S3b), indeed a previous study has shown differences in elasticity between triangle, square and circular human mesenchymal stem cells.⁴¹ F-actin regulates a number of macromolecules involved in cell-cell adhesion, which explains the change in adhesion with cytoskeletal rearrangement (Figures 4, 5). Our results showing the important role of the cytoskeletal organization on the adhesion of microbes to host cells represents a major discovery in the field. Interestingly, artificial epithelial cells made from soft silicone substrates coated with E-cadherin adhesins, essential for cell-to-cell cohesion, mimic epithelial cells and importantly illustrate how adhesin distribution is dependent on the elasticity of the system.⁶⁴ Thus, it is likely that changes in cell elasticity can alter adhesin distribution, which would ultimately affect cell adhesion as observed in this study. In fact, actin cytoskeletal rearrangement, including filament assembly and polymerization,

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contribute to *C. albicans* host invasion, thus contributing fatal candidemia.⁶⁵ Von Erlach et al. (2018) hypothesized that based on the association of the cytoskeleton with the human cell membrane, the cytoskeletal biophysical state regulates the activity of cell signalling proteins associated with plasma membrane microdomains.⁴¹

CONCLUSION

In summary, in this study we used the AFM SCFS at the single cell level to quantify microbe-mammalian cell interactions, showing *C. albicans* and *C. glabrata* strongly adhere to epithelial cells, with almost six-fold stronger adhesion to cancer cell lines. It has always been assumed that cancer patients are more susceptible to candidiasis based on their weakened immune system, but our findings reveal that enhanced cell-to-cell adhesion could also play a significant role. Human cell mechanobiology properties such as cytoskeletal rearrangement, known to alter cell elasticity, led to increased yeast-host adhesion. This research provides detailed mechanistic information on an opportunistic fungal pathogen, and identifies manipulation of cellular adhesion factors as a new therapeutic target for *Candida* infections.

METHODS

Yeast strains and culture conditions

The *C. glabrata* KUE100₈₂ strain was a kind gift from Prof Miguel Teixeira, and *C. albicans* was obtained from ABC Platform[®] Bugs Bank (Nancy, France). Strains were stored at - 80°C and then revived on Yeast extract Peptone Dextrose (YPD) agar plates (Difco) at 30°C under static conditions. Single colonies were then picked from the plates, inoculated into YPD growth medium (10 g/L yeast extract, 20 g/L peptone and 20 g/L glucose) (Difco) and grown overnight at 30°C in an orbital shaker at 180 rpm.

Mammalian cell culture

The human gingival fibroblast (HGF-1) cell line, human cervix epithelial cells (HeLa), human skin keratinocytes (HaCaT), human colon epithelial cells (CaCo2) and the human

vaginal epithelial cell line (VK2/E6E7) immortalized with E6 and E7 genes of the human papilloma virus 16 (HPV-16) cell lines were used in this study. HGF-1, HeLa, HaCaT and CaCo2 were purchased from ATCC (catalog numbers, CRL-2014, CCL-2, CRL-2404, HTB-37 respectively), and VK2/E6E7 (ATCC CRL-2616) was obtained from Prof Miguel Teixeira (Universidade de Lisboa Instituto Superior Tecnico, Portugal).

HGF-1, HeLa, HaCaT and CaCo2 cells were maintained in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 1% penicillin streptomycin (penstrep) (Gibco, Fisher Scientific) and 10% or 20% (CaCo2 cells) fetal bovine serum (FBS). Briefly, cells were maintained in 75 cm² flasks at a temperature of 37°C with 90% humidity and 5% CO₂, passaged when a confluency of 70-80% was reached, detached from the flask using trypsin and the reaction was neutralized using DMEM. Cell suspensions were centrifuged at 200 x g for 4 min, the pellet resuspended in medium and the cells seeded into flasks for growth as described above.

The VK2/E6E7 cell line was maintained in keratinocyte serum-free medium (KSFM) supplemented with 0.1 ng/mL human recombinant epidermal growth factor (EGF), 44.1 mg/L calcium chloride (CaCl₂) and 0.05 mg/mL bovine pituitary extract (BPE) (Gibco, Fisher Scientific). Cells were cultured in 25 cm² flasks, at a temperature of 37°C with 90% humidity, 5% CO₂, and passaged when a confluency of approximately 80% was reached. Cells were detached by incubating with trypsin for 4 min, neutralized by the addition of 3 ml of a 1:1 nutrient mixture of DMEM (Gibco, Fisher Scientific) and Ham's F-12 supplemented with 10% FBS (HyClone, Fisher Scientific), centrifuged at 100 × g for 5 min, followed by resuspension in KSFM in flasks.

Single cell force spectroscopy

Single cell force spectroscopy (SCFS) was used to study the interaction between yeast and human cells. Firstly, NPO10 (Bruker, USA) triangular shaped AFM tipless cantilevers (Bruker, USA) were functionalized using the lectin Concanavalin A (conA; Sigma Aldrich). Cantilevers were cleaned for 2 min using oxygen plasma at a pressure of 0.4 mbar, then immersed in 100 µg/mL of conA solution overnight, and washed in acetate buffer (18 mM, pH 5.2) before use. AFM cell probes were then prepared by depositing an overnight culture of yeast cells into a petri dish and then the yeast picked up by the conA-coated cantilevers (Figure S1c) using the AFM (Nanowizard III AFM, Bruker, JPK). As a control, a 5 µm diameter silica bead (Bangs Laboratories) was attached to NPO10 cantilevers coated with a thin layer of UV-curable glue (NOA 63, Norland Edmund Optics) using the AFM. Single human-Candida cell interactions were measured using the AFM CellHesion® module under human cell growth conditions in a heated (Bruker, JPK BIOAFM) petri dish connected to a CO₂ tube and grown overnight (6×10^4 cells). The spring constant of the cantilevers was calibrated using the thermal noise method, having a sensitivity of approximately 18 to 35 nm/V and a spring constant (0.017 to 0.044 N/m), consistent with the nominal spring constant (0.06 N/m; Bruker, USA). The probes were then used to measure interaction forces within a 3 μ m \times 3 μ m area at the center of the cell (Figure S1a,b) using an applied force of 0.5 nN with 20 µm/s approach and retract speeds and contact times of 0 (immediate retraction), 5, 10 and 20 s. Each force curve was analyzed using the JPK Data Processing software (JPK, Berlin, Germany), for which adhesion force, work of adhesion and rupture distance histograms were calculated. Each condition

was evaluated with a minimum of three biological replicates and 5 cells for each replicate. Yeast probes were replaced between technical repeats.

Micropatterned substrates

Microcontact printing was used to study the effect of cell shape on adhesion and micropatterned substrates produced according to a method described by.⁶⁶ Briefly, polydimethyl siloxane (PDMS) stamps were structured into different shapes (squares, circles, and letter Y) of different sizes ranging from 10 to 60 µm using a silicon master mold which was fabricated by photolithography as described by Foncy et al. (2018). The structured PDMS stamp was then cleaned with an isopropanol rinse, dried with nitrogen gas and then inked using 80 µl of 100 µg/ml fibronectin (Sigma Aldrich) followed by a 3 min incubation. Immediately before microcontact printing, a 2.2×2.2 cm coverslip was cleaned using oxygen plasma (Diener Pico) at a pressure of 0.6 mBar and 100% oxygen for 1.5 s and was then brought into contact with the inked stamp for 3 min. The stamp was removed, and to passivate the non-patterned area, 80 µl of 100 µg/ml poly-L-lysinegrafted-poly ethylene glycol (PLL-g-PEG) was added to the coverslip and incubated for 30 min, followed by aspiration of the PLL-g-PEG. The cover slip was then washed 3 times with phosphate buffered saline (PBS), placed in a petri dish and stored in PBS at 4 °C. Human cells (5×10^4 cells per cm²) were seeded onto the coverslip, incubated for 2 h to allow attachment, the growth medium changed, and the cells further incubated for 4 h to allow spreading into the pattern for SCFS.

Latrunculin treatment

To study the effect of actin cytoskeletal rearrangement on cell-cell adhesion, cells were treated with latrunculin B (LatB; Tebu-bio), known to inhibit actin polymerization.⁶⁷

Following protocols described by Louise et al. (2014), cells (6×10^4) were seeded in a petri dish and left overnight, then 0.1 µM of LatB in DMSO added to the cells, incubated for 30 min, the medium aspirated, followed by two washes with 1ml PBS. The drug free cell culture medium was used for probing cells by SCFS.

Epifluorescence microscopy

Fluorescence imaging was used to confirm the impact of LatB treatment. Cells were cultured, confluent cells passaged, grown on clean 22×22 mm coverslips in DMEM overnight, and treated with LatB as described above. Treated and control cells were rinsed three times with 0.01 M PBS, permeabilized with 0.2% Triton X100 for 3 min, washed again 3 times with 0.01 M PBS and then stained with 100 µg/ml DAPI (Life technologies) and 1X Phalloidin-iFluor 488 (Abcam) for 20 min, followed by 3 rinses with 0.01 M PBS. Coverslips were mounted on microscope slides using antifade mounting media (Invitrogen), sealed using nail polish and imaged on a Zeiss Axio Observer Z1 inverted epifluorescence microscope (Zeiss, Oberkochen, Germany; DAPI - λ_{ex} = 358, λ_{em} = 461; Phalloidine - λ_{ex} = 495, λ_{em} = 518).

Statistical analysis

GraphPad Prism® Software (version 9.2.0) was used for data manipulation, graphical representations and statistical analyses. Unpaired t-tests were used to compare results from two data sets and one-way ANOVA analysis of variance with a Bonferroni's posttest, to compare all test data to control. Statistically significant differences of p < 0.05 (*), p < 0.01 (**), p < 0.001 (***) or p < 0.0001 (****) are indicated in figures, and the absence of an asterisk indicates no statistical difference, (p > 0.05, ns). Data are means from at least biological replicates and error bars represent standard error of the mean (± SEM).

ASSOCIATED CONTENT

Supporting Information

AFM images of human cells in QI mode and yeast probe; Cell elasticity measurements of human cells probed with the bead; *Candida* adhesion to different human cell geometries; Cytoskeletal F-actin depolymerization following latranculin b treatment; Comparison of *C. albicans* and *C. glabrata* adhesion to mammalian cells

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Author contributions

EN carried out the experimental work and data analysis, LM fabricated the PDMS patterns

and generated micropatterns on the glass substrates. TS collected fluorescence images,

EN, TESD and ED contributed to the hypotheses, experimental design, helped guide data

analysis, interpretation, helped write and edit the manuscript.

Notes

The authors declare no competing interests.

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TABLE OF CONTENTS (TOC) graphic





